



Missouri FDC Instructors' Training Institute – Daily Schedule
September 29 – October 1, 2015: MACA Training Room - Jefferson City, MO

Tuesday, September 29th

- 9:30 a.m. **Sign-in**
- 9:45 a.m. Introductions, Overview, and Goals of Institute
- 10:00 a.m. Roles, Facilitation, and Class Set-up
- 10:30 a.m. Review of Instructors Manual
- 10:45 a.m. **Break**
- 11:00 a.m. Ground Rules
- 11:15 a.m. Introduction to Chapter 1 & Activity *FDC Core Principles*
- 12:00 p.m. **Lunch** (provided by MACA)
- 12:45 p.m. Activity- *The Family Development/Deficit Approach*
- 1:15 p.m. Activity- “Power Over” vs. *Shared Power*
- 2:00 p.m. Activity- *Transformational Learning*
- 2:30 p.m. **Break**
- 2:45 p.m. Introduction to Chapter 2
- 3:00 p.m. Activity- *Empathy: Putting Yourself in their Shoes*
- 3:30 p.m. Activity- *Confronting People Constructively when Needed*
- 4:00 p.m. Introduction to Chapter 3
- 4:15 p.m. Q&A
- 4:30 p.m. **Adjourn**



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Wednesday, September 30th

- 8:30 a.m. Review of Day 1
- 8:40 a.m. Activity- *Mindful Minute*
- 9:00 a.m. Activity- *Removing Distractions*
- 9:30 a.m. Introduction to Chapter 4
- 9:45 a.m. Activity- *Family Circles Assessment*
- 10:15 a.m. **Break**
- 10:30 a.m. Activity- *Family Financial Literacy: Making informed decisions about money*
- 11:15 a.m. Introduction to Chapter 5
- 11:30 a.m. Activity- *Why is an understanding of diversity and oppression important to family development?*
- 12:15 p.m. **Lunch** (provided by MACA)
- 12:45 p.m. Activity- *Expanding your ability to work respectfully with other cultures*
- 1:30 p.m. Introduction to Chapter 6
- 1:45 p.m. Activity- *Effective assessment is family driven, not agency centered*
- 2:15 p.m. Activity- *There are sometimes good reasons to use standardized assessments*
- 2:45 p.m. **Break**
- 3:00 p.m. Introduction to Chapter 7
- 3:15 p.m. Activity- *Developing “peripheral vision”*
- 3:45 p.m. Activity- *The Miracle Method*
- 4:15 p.m. Q&A
- 4:30 p.m. **Adjourn**



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Thursday, October 1st

- 8:30 a.m. Review of Day 2
- 8:45 a.m. Introduction to Chapter 8
- 9:00 a.m. Activity- *Making and following through on referrals*
- 10:00 a.m. Activity- *Families with complex problems*
- 10:30 a.m. **Break**
- 10:45 a.m. Introduction to Chapter 9
- 11:00 a.m. Activity- *Safety Issues*
- 11:30 a.m. Activity- *TV, dogs and another cup of coffee*
- 12:00 p.m. **Lunch** (provided by MACA)
- 12:45 p.m. Introduction to Chapter 10
- 1:00 p.m. Activity- *Teaching leadership skills to families*
- 1:30 p.m. Activity- *Coordination & Cooperation, first steps to Collaboration*
- 2:00 p.m. Activity- *Keys to successful collaboration*
- 2:30 p.m. **Break**
- 2:45 p.m. Logistics, Forms, and Budgeting for FDC Program
- 3:15 p.m. FDC Resources & Website
- 3:30 p.m. Portfolio Advisement
- 4:15 p.m. Q&A, Final Wrap-up, and Instructor Commitment
- 4:30 p.m. **Adjourn**